



# PINE RIVERS YOGA 2012 Class Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>6.30am - 8.30am</b>  <b>Summer Morning Practice</b>            Pine Rivers Yoga Studio, Cashmere  <i>Commencing 9 January</i></p> <p><b>5.45pm – 7.00pm</b>  <b>Beginners</b>            Pendicup Place, Warner  <i>Commencing 9 January</i></p> <p><b>7.15pm – 8.45pm</b>  <b>Multi Level</b>            Pendicup Place, Warner  <i>Commencing 9 January</i></p>	<p><b>7.30am - 9.00am</b>  <b>Multi Level</b>            Mango Hill Community Centre, Mango Hill  <i>Commencing 10 January</i></p> <p><b>7.00pm – 8.30pm</b>  <b>Intermediate</b>            Pine Rivers Yoga Studio, Cashmere  <i>Commencing 10 January</i></p>	<p><b>8.00am - 9.00am</b>  <b>Multi Level</b>            Aveo Retirement Centre, Albany Creek  <i>Residents Only</i></p> <p><b>9.15am - 9.45am</b>  <b>Chair Yoga</b>            Aveo Retirement Centre, Albany Creek  <i>Residents Only</i></p> <p><b>7.00pm – 8.30pm</b>  <b>Absolute Beginners 6 Class Course</b>  <u>8 February to 14 March</u>            at Pine Rivers Yoga Studio, Cashmere  <i>Booking required – maximum 14 students</i></p> <p><b>7.30pm – 9.00pm</b>  <b>Multi Level (Sport)</b>            Lifestyle Centre, Samford            Commencing 11 January            NB: No class 25 January</p>	<p><b>7.00pm – 8.30pm</b>  <b>Multi Level</b>            Pine Rivers Yoga Studio, Cashmere  <i>Commencing 2 February</i></p>	<p><b>9.15am – 10.45am</b>  <b>Multi Level</b>            Pine Rivers Yoga Studio, Cashmere  <i>Commencing 13 January</i></p> <p><b>5.00pm – 6.15pm</b>  <b>Family Yoga</b>            Pine Rivers Yoga Studio, Cashmere  <i>Commencing 13 January</i></p>	<p><b>8.00am - 9.30am</b>  <b>Multi Level</b>            Mango Hill Community Centre, Mango Hill  <i>Commencing 14 January</i></p> <p><b>9.00am – 10.30am</b>  <b>Restorative Yoga</b>            Pine Rivers Yoga Studio, Cashmere  <i>Commencing 7 January</i></p>

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